teaching the most effective use of law enforcement tools available today
Since 1990, Personal Protection Consultants (PPC, Inc.) has been committed to providing high quality training, education and consulting services. Our clients include health care facilities, schools, corporations, security and law-enforcement agencies.

our goals

- To teach public safety officers proper strategies and communication skills to avert aggression and protect themselves from injury.
- To teach public safety officers effective, court defensible control & defense skills, and methods of using non-lethal tools and restraints when aggression cannot be averted.
- To minimize injuries to suspects and other citizens.
- To minimize civil liability associated with improper use of defense skills and tools.
- To enhance the professionalism of law-enforcement and security officers through effective training and education.

We teach officers the most modern techniques in the use of handcuffs, defense sprays, batons and empty hand control & defense skills. All PPC, Inc. courses are delivered through a network of In-House Instructors and Instructor-Trainees.

Agencies may choose to have members of their staff attend one of our train-the-trainer courses. Upon course completion the newly certified In-House Instructors may return to their agencies and train their officers using our methods and curriculums. Agencies may also directly contract us to train and certify all of their staff at their location.
who we are

Scott Woodford
President & Director of Training
Scott is the President of PPC, Inc. and the Director of Training for the PATH®, OCAT®, PPBT® and Personal Protection Control & Defense℠ training programs as well as a Master Instructor for MOAB Training International, Inc. Scott is also a 26-year law-enforcement veteran in the Commonwealth of Pennsylvania where he serves as the supervisor of the training unit.

Kimberly Woodford
Vice-President
Kim is the Vice-President of PPC, Inc. having worked for the company since 1995. Kim is responsible for the day-to-day management of the business operation.

Michael O’Malley
President of MOAB® Training International, Inc. and Founder of PPC, Inc.
MOAB® specializes in teaching individuals how to recognize, reduce and manage violent or aggressive behavior. MOAB® and PPC, Inc. training programs share the same core values and philosophies.

David Busch
Staff Instructor-Trainer
Dave is the lead instructor for PPC, Inc. having worked for the company since 2008. Dave retired after a 34-year law-enforcement career. In addition to his experience teaching PPC, Inc. and MOAB® training programs, Dave has taught firearms for over 20 years and is a former DARE® and Master Taser® Instructor.

OCAT®
Oleoresin Capsicum Aerosol Training

PATH®
Practical and Tactical Handcuffing

PPC&D℠
Personal Protection Control & Defense

PPBT®
Personal Protection Baton Tactics
Aerosol chemical agents have been around for many years. The impact of these chemical agents was not significant until 1976 when Mr. Gardner Whitcomb introduced an Oleoresin Capsicum (pepper spray) formulation. At the request of Mr. Whitcomb, the first official OC training manual was co-written by Roland Ouellette and Ed Nowicki. OC has proven to be more effective than CS or CN, and as a result, numerous companies now manufacture OC aerosol sprays.

Since the introduction of the OCAT® (Oleoresin Capsicum Aerosol Training) program in 1991, thousands of instructors and countless basic users have been trained from agencies such as healthcare, federal, military, law enforcement, security and corrections. The OCAT® program is not brand specific and addresses the proper use of all OC products.

PPC, Inc. owns and administers the OCAT® training program. OCAT® training is delivered by PPC, Inc. and through a network of In-House Instructors. PPC, Inc. instructors have many years of law enforcement experience, as well as nearly 25 years of OCAT® training experience.

What is Oleoresin Capsicum? Commonly called pepper spray, Oleoresin Capsicum (OC) is a convenient aerosol spray that is used as a protection device. When used before hands on defense, there is a lesser risk of injuries to all parties.

Effects of OC? OC affects the skin, face, eyes, and respiratory system and is usually immediately debilitating. This court-defensible deterrent is reliable and has no long-term harmful effects on the recipient. OC is widely accepted as a safe control option for human service personnel.
OCAT® course description

The OCAT® program is designed for public safety officers who deal with conflict or potential violence. More than 8,000 OCAT® instructors have been trained worldwide. Through a combination of practical exercises and classroom instruction students learn how to:

- Identify the stages of conflict in order to: recognize the threat, reduce the threat, and determine how and when to use force.
- Apply state-of-the-art tactical concepts such as: spraying techniques, disengagement, proper defensive positions, methods of movement, multiple opponent defense, contact and cover system, defense against moving attacks, ground defense, drawing techniques and more.
- Avoid liability suits through: Certified training, understanding the effects of OC spray, identifying factors which justify OC use, and proper OC incident documentation.

OCAT® is a non-product specific training program. Once trained and certified, instructors and agencies decide which brand, canister size, heat and spray pattern suits their needs.

OCAT® course topics

- Resistance and Control Management
- Officer and Individual Factors and Escalation Through the Levels of Control
- Recognizing the Threat
- Elements of Reporting Resistance and Control
- Agency Policies and Procedures
- Principles of Balance, Movement, Center and Reaction Time
- Defensive Position
- Relative Positioning
- Drawing Techniques
- Spraying techniques for single or multiple aggressors
- Contact and Cover System
- Moving Attack
- Ground Defense
- Defense Against an OC Attack
- Methods of Instruction (Instructor Course)
Handcuffs are among the most often used tool by officers, yet training is severely lacking. Studies show that over 67% of resistance by subjects occurs after the first handcuff has been applied. All too often the result is injury and/or death to either the officer or subject. Additionally, the improper use of handcuffs is the focus of many civil suits. Proper training in the use of handcuffs is vital to officers.

PATH® course description

The PATH® “Practical and Tactical Handcuffing” course is the most complete and innovative handcuffing course in the country. Personal Protection Consultants Inc. owns and administers the PATH® training program. PATH® training is delivered by PPC, Inc. and through a network of In-House Instructors. PPC, Inc. instructors have many years of law enforcement experience, as well as nearly 20 years of PATH® training experience.

Nearly 3,000 PATH® Instructors have been trained worldwide. The techniques presented are practical and effective. Topics to be covered include the safest approach and positioning for handcuffing, handcuffing standing subjects, prone and kneeling handcuffing, removing handcuffs, and the use of various types of handcuffs.
PATH® course topics

- General Handcuffing Guidelines
- Handcuffing History
- Handcuffing Dangers and Trial and Error Lessons
- Handcuff Nomenclature
- Hinged, Rigid, Chain-Link and Disposable Handcuffs
- Care and Maintenance of Handcuffs
- Resistance and Control Management
- Officer and Individual Factors/ Escalation Through the Levels of Control
- Recognizing the Threat
- Elements of Reporting Resistance and Control
- Principles of Balance, Movement, Center and Reaction Time
- Relative Positioning
- Handcuffing a Subject in a Standing, Prone or Kneeling Position
- Resistance and Disengaging
- Standing a Prone Handcuffed Subject
- Post Handcuffing Guidelines
- Directing a Subject to a Prone Position
- Prone with Hands Under the Body
- Effect of Pressure on Nerve Centers
- Rolling a Subject to a Prone Position
- Removing Handcuffs
- Use of Contact and Cover
- Searching
- Exiting a Room or Cell where there is a Potential for Violence
- Methods of Instruction (Instructor Course)
Statistics show that 98% of confrontations can be resolved peacefully when proper verbal and non-verbal communication skills are used. Despite their best efforts, officers must intervene with physical control and defense skills the other 2% of the time. It is important that officers receive training in practical, effective and court defensible skills. Officers who are not properly trained are more likely to react in a way that is contrary to the mission of the organization. The likelihood of injuries is higher for both the officer and the individual and the agency may be exposed to additional scrutiny and civil liability.

**PPC&D\textsuperscript{SM} course description**

The Personal Protection Control & Defense\textsuperscript{SM} training program was organized to provide officers with the skills needed to control aggressive individuals and to defend themselves against assaults. Because complicated techniques are rarely effective, the methods in the Personal Protection Control & Defense\textsuperscript{SM} program are based on principles and solid fundamental skills that mesh seamlessly with our other training programs. Those who are trained in the OCAT\textsuperscript{®} “Oleoresin Capsicum Aerosol Training”, PATH\textsuperscript{®} “Practical and Tactical Handcuffing” or PPBT\textsuperscript{®} “Personal Protection Baton Tactics” programs will recognize that this program is based on the same common sense approach to officer defense training.
PPC&D\textsuperscript{SM} course topics

- Levels of Control in Self-Defense
- Levels of Control by Law-Enforcement, Security and Caregivers
- Resistance and Control Management
- Available Control Options
- Four General Levels of Control
- Officer and Individual Factors and Escalation Through the Levels of Control
- Levels of Resistance and Control Diagram and Dynamic Resistance Response Model
- Recognizing Aggression
- Sample Use of Force Policies
- Post Control & Defense Guidelines
- In-Custody Deaths and Excited Delirium
- Agency Policies and Procedures
- Elements of Reporting Resistance and Control
- Principles of Balance, Movement, Center and Reaction Time
- Relative Positioning
- Three Ranges of Physical Defense
- Evading Aggression and the Clock Principle
- Introduction to Control & Defense Skills
- Escorting an Individual
- Disengaging
- Directing an Individual to a Prone Position and Prone Control
- Supine Control
- The Effects of Pressure or Impact to Nerve Centers
- Zone of Safety and Defensive Blocking
- Personal Weapons and Vulnerable Areas of the Body
- Reasonable Target Selection and Target Levels
- Characteristics of Defensive Skills
- Science of Energy and Motion
- Defensive Counter-Strikes
- Introduction to Ground Defense
- Introduction to Holstered Weapon Retention
- Introduction to Static Weapon Defense
- Methods of Instruction (Instructor Course)
Batons of all varieties have been used for decades to control violent or resistive individuals. Proper training in their use is essential to reduce injuries to officers and suspects and to protect the officer and agency from frivolous litigation. When used responsibly in accordance with agency policies and procedures and federal, state and local laws batons are a viable control option.

**PPBT® course description**

Personal Protection Consultants Inc. owns and administers the PPBT® training program. PPBT® training is delivered by PPC, Inc. and through a network of In-House Instructors. PPC, Inc. instructors have many years of law enforcement experience, as well as nearly 25 years of baton training experience.

The PPBT® “Personal Protection Baton Tactics” training program is a non-product specific straight and expandable baton training program. Once trained and certified the officer and agency choose the brand and design of straight or expandable baton that fits their needs.

**PPBT® course topics**

- History of the Baton
- Baton Nomenclature
- Resistance and Control Management
- Officer and Individual Factors/ Escalation Through the Levels of Control
- Recognizing the Threat
- Elements of Reporting Resistance and Control
- Agency Policies and Procedures
- Reasonable Target Selection
- Target Areas
- Principles of Balance, Movement, Center and Reaction Time
- Relative Positioning
- Science of Energy and Motion
- Three Ranges of Physical Combat
- Angles of Attack and Defense
- Baton Grips and Ready Positions
- Baton Drawing Techniques
- Baton Counter-Strikes
- Baton Shielding
- Baton Retention
- Methods of Instruction (Instructor Course)
INSTRUCTOR SUPPORT PROGRAM

A nominal annual training authorization and support fee funds each PPC, Inc. training program. The annual authorization and support fee is charged to instructors in lieu of a basic course certification fee and enables PPC, Inc. to provide professional services to customers and instructors. Some of the services provided are:

- Recognition of basic course certification and maintenance of certification records.
- Complimentary basic course wallet certification cards and/or certificates.
- Maintenance of Instructor-Trainer and In-House Instructor course records, including certification and re-certification.
- Issuance of yearly authorization and support fee payment cards to Instructors and Instructor-Trainers.
- Issuance of Instructor Trainer and In-House Instructor certificates upon initial certification and upon re-certification.
- Supplemental notifications to all active Instructor-Trainers and In-House Instructors of updates in lesson plans, training methods, and training aids.
- Day-to-day technical support through PPC, Inc. headquarters.
- Notification of national or regional seminars involving PPC, Inc. training programs.
- Access to the MEMBERS ONLY gateway on the PPC, Inc. website where the Instructor may submit training records. Upon validation of the training record the website will generate certificates and wallet cards for each student trained. The training records will be archived under the Instructor’s profile for easy access.
- Manual updates, administrative paperwork, special announcements, certification and re-certification procedure changes, and other information necessary to assist instructors in providing continued high quality training programs, will be uploaded to the MEMBERS ONLY gateway.

PROGRAM CERTIFICATION OPTIONS

IN-HOUSE INSTRUCTOR

Each of the OCAT®, PATH® and PPBT® Instructor courses may be completed in 1 day of training. The PPC&D℠ Instructor course may be completed in 2 days of training.

BASIC

Each of the OCAT®, PATH® and PPBT® Basic courses may be completed in ½ day of training. The PPC&D℠ Basic course may be completed in 1 day of training.
Some of the agencies that have attended PPC, Inc. training programs:

Abington Township Police, PA
Alexis Park Resort, NV
Allegheny County Probation & Parole, PA
Allied Universal Security, Nationwide
Amtrak Police, RI
Arlington County Police, VA
Auburn Hills Police, MI
Baptist Health Systems, MS
Bay County Sheriff’s, FL
Berks Technical Institute, PA
Black Knight Security, PA
Bowling Green Police, KY
Bucks County Dept. of Corrections, PA
Bucks County Technical School, PA
Calvert Memorial Hospital, MD
Canadian Pacific Police
Carnegie Mellon University, PA
Cedar Crest College, PA
Centre Health, IL
Centre County Probation & Parole, PA
Charlotte Hungerford Hospital, CT
Chester County, PA Parks and Recreation
Children’s Hospital of Philadelphia, PA
Christiana Care Health System, DE
Clarion County Career Center, PA
Columbia Police, MO
Cranberry Twp. Police, PA
Cumberland Police, RI
Day Kimball Hospital, CT
Delaware Valley Job Corps, NY
Denver Public Schools, CO
Dominion Nuclear, CT
Dorney Park & Wildwater Kingdom, PA
Drexel University, PA
Eastern Missouri Police Academy, MO
Einstein Healthcare Network, PA
Electric Boat Corporation, CT & RI
Embry-Riddle Aeronautical University, FL
Entropy Nuclear, Nationwide
Exelon Nuclear, Nationwide
Exeter Hospital, NH
Faulkner Hospital, MA
Fayette County Juvenile Probation, PA
Federal Reserve Bank- Various Locations
FHN Memorial Hospital, IL
Fort Calhoun Nuclear, NE
Ft. Indiantown Gap Police, PA
Fulton State Hospital, MO
G4S Security, Nationwide
Geisinger Health System, PA
Gettysburg College, PA
Greene County Probation, PA
Hampton Police, NH
Hannibal Police, MO
Hazelton Police, PA
Health Alliance Hospitals, MA
Hershey Entertainment, PA
HHC William Backus Hospital, CT
Holyoke Medical Center, MA
Honolulu Police, HI
Huntsville Hospital, AL
Husson University, ME
Indiana University of Pennsylvania, PA
Indiana University, IN
Jeffco Schools, CO
Johnson and Wales University, RI
Juniata County Probation, PA
Kauai Police, HI
Keystone Job Corps, PA
Kootenai Health, ID
Lancaster County Probation & Parole, PA
Lancaster General Hospital, PA
Lawrence and Memorial Hospital, CT
Lawrence General Hospital, MA
Legacy Health System, OR
Lehigh Valley Hospital, PA
Maine General Health, ME
Maine Sheriff’s Association, ME
Maryland Transportation Authority Police, MD
Massachusetts General Hospital, MA
Mercy Healthcare System, ME
Middle Bucks Institute of Technology, PA
Middlesex Hospital, CT
Missouri Capitol Police, MO
Monadnock Community Hospital, NH
Montgomery County Police Academy, PA
Morgantown Police, WV
Morningside College, IA
New Hampshire Job Corps, NH
New Haven Police, IL
New Horizon Security Services, MD & VA
Newport Police, RI
Newton-Wellesley Hospital, MA
Northwest Missouri State University, MO
Palo Verde Nuclear, AZ
Penn State University, PA
Pennsylvania Capitol Police, PA
Phoenix Job Corps, AZ
Pittsburgh Job Corps, PA
Pittsburgh Port Authority Police, PA
Port Authority Police of NY/NJ
Providence Health Systems, AK
Reading Health System, PA
Rockingham County Dept of Corrections, NH
Rockwell Security, KS & NV
Sacred Heart University, CT
Seaworld Parks/Sesame Place, PA
Securitas Security Services, Nationwide
Signal 88 Security, MD, IL & CO
Somerset County Corrections, NJ
South Windsor Police, CT
Southern Maine Healthcare, ME
St Lukes Health Network, PA
St. Louis Job Corps, MO
St. Moritz Security Services, PA
State College Police, PA
Stroudsburg Area School District, PA
Temple University, PA
Thedacare, WI
Thomas Jefferson University, PA
Towson University, MD
UMass Memorial Health Alliance, MA
United Nations Security and Safety
University of Connecticut Health, CT
University of Missouri, MO
University of the Sciences, PA
US Army Corps of Engineers
Valparaiso Police, IN
Washington State Military Department, WA
Waterbury Hospital, CT
Westerly Hospital, RI
Western Kentucky University, KY
Wolf Creek Nuclear, KS

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